

SWIMMING

Venue

Swimming Pool

Organising Table

Long Eaton 468

Registration

10:00

Start Time

11:00



Appropriate swimwear to be worn (can be swim shorts if preferred) as members of the public may also in the pool.

Starting Blocks will be provided and it is optional as to their use by competitors.

Rules

There will be four events to the Swimming Competition and swum in the order - 50 metres Freestyle, 50 metres Breast stroke, 50 metres Backstroke and 3 x 50 metres Medley Relay.

An Area team will consist of three swimmers, each of whom to enter one event plus the relay.

Sufficient heats will be held as required for the number of entrants for each event and will consist of two lengths of the pool - except the medley will be over three lengths, one for each stroke. All available lanes may be used for the heats.

The four fastest qualifying teams from the heats will go forward to contest the final. If four or fewer entries are received, the event will become a straight final. Positions in each event will be determined by heat time.

The top 4 positions in the final team rankings will be determined by the final; other positions will be determined by teams 5-8 competing, 9-12 competing and 13-16 competing to determine final positions providing time allows. If there is insufficient time available only the final will be contested in this way; other placings will be determined by heat times.

Officials will be in attendance and the event will be run strictly in accordance with BASA rules. Swimmers will be disqualified from the competition for two false starts in any race. In the relay event, swimmers will also be disqualified for commencing their swim, prior to the preceding team swimmer touching the wall. For the backstroke event, all swimmers will start in the water.

Competitors in other events can choose whether to start in the water or by diving. The organisers reserve the right to alter the rules of the event and the format on the day. However competitors will be informed of any changes to the above prior to the commencement of the competition.

The Event Convenor will act as referee and settle any disputes that may arise. Mitch Robinson, NSW 2008 Sports Convenor, will perform final arbitration